

Dominican Oaks September 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>SUAD...Sign Up at Activity Desk LBY...Lobby PDR...Private Dining Room CHP...Chapel OR...Oaks Room AR...Acorn Room WC...Wellness Center: Across from D204 CC...Coffee Corner in Assisted Living</p>	<p>Resident Support Group Acorn Room~~~3:15 PM Tuesdays Sept 19 through Oct. 24th If interested in this Senior Outreach grp from Family Service Agency, see the facilitator beforehand at 3 PM</p>	<p>Podiatrist <i>Across from D204</i> Sept. 20 Oct. 17 & 18 Tuesdays appts. 9AM to 12 PM Wednesdays 9AM to 2:30 PM Call Dr. Alles at 609-6096 <i>You may get voicemail.</i></p>	<p>Wellness Center <i>Across from D204 on</i> Tuesdays from 1 to 2 PM (except on Tuesdays when used by podiatrist) <i>Blood Pressure Checks & More Staffed by Stacy Smith-Paynter, RN</i></p>		<p>1 9:30 Exercise /OR Activity Sign Ups: <i>Come between 10:30 & 10:35 AM /OR</i> 10:00 Poker C1 10:30 DOGGS/ AR 1:00 Bridge/OR 1:30 Texas Poker/ C1 2:00 "Philosophical Foundations of Modern Social Science" #11/ <u>ACORN</u> <i>Previous Sign up required</i> 7:15—9:25 Movie/OR PG—13 "The Zookeeper's Wife" Again 9/25</p>	<p>2 10:15 Qi Gong DVD/ OR <i>Wish to attend Jewish services? Contact Activities during the week</i> 1:30 Table Games/AR 1:30 "First Saturday" Writing group/OR 1:30 Movie/CC "Children of a Lesser God" 4:00 Mass/OR 7:15 Movie/OR " Fargo"</p>
<p>3 Rides to Church/SUAD 10:15 Qi Gong DVD/ OR 2:00 Movie/ OR " Fargo" 7:15 Movie/ OR "Children of a Lesser God"</p>	<p>4 Labor Day 9:30 Balance Exercises/OR 10:00 Poker / by C-1 Elevator 10:30 Resident Fran Stekoll Presents: Memoir Writing/ OR 1:00 Rummikub/ <u>AR</u> 7:00 Games/AR <i>Tuesday, Sept. 5th for Shopping</i> 2:00—4:35 Movie/ OR "Fences" PG-13 with Denzel Washington <i>Shown again on Friday, Sept. 15th</i></p>	<p>5 8:30 Rides/SUAD 9:30 Exercise with Tony/OR 10:00 Resident Council/ PDR 10:30 Qi Gong DVD/ OR 10:30—11:30 Bible Study/ AR 1:00 Bridge/OR 1:00 Mah Jong /OR 1:30 Shop Nob Hill & CVS / SUAD 3:30 Rosary for Peace/Chp</p>	<p>6 8:30 Rides/SUAD 9:30 Balance Exercises/OR 10:30—11:30 PBS DVD/OR <i>again 9/20</i> Ken Burn's Brooklyn Bridge 2:00 Cello & Piano Concert/OR <i>Classical Spanish & Argentine Aude Castagna & Ben Dorfan</i> 3:15 Knitting & Crocheting /AR 7:00 Bingo/OR</p>	<p>7 8:30 Rides /SUAD 9:30 Exercise with Tony/OR 10:00—11:30 Bookmobile/Lby 10:45 Episcopal Service/ Chapel 4 :00—5:30 Happy Hour Mariachis on the Thomas Patio! Margaritas & special munchies <i>Thank you John Wasserburger!</i> 7:30 Games/AR</p>	<p>8 9:30 Exercise with Tony/OR 9:00 Shopping trip in Monterey/SUAD 10:00 Poker by C-1 elevator 10:30 DOGGS/ AR <i>Dominican Oaks Guys & Gals Singing</i> 1:00 Bridge/OR 1:30 Jewish Cultural Club/AR 1:30 Texas Poker/ C-1 Elevator 7:15 Villanelle Sings! /OR <i>A dynamite & versatile singing duo.</i></p>	<p>9 10:15 Qi Gong DVD/ OR 11:00—12:00 Readers & Thinkers/<u>AR</u> <i>Sr. Rina Cappellazzo's Magazine Reading Grp. Previous sign up required Please contact Sister beforehand for reading material if interested.</i> 1:30 Table Games/AR 4:00 Mass/OR 1:30 Movie/CC "When Harry Met Sally" 7:15 Movie/OR "The Lives of Others"</p>
<p>10 Rides to Church/SUAD 9:30 Leave for Dollar Tree & Farmer's Market / SUAD 10:15 Qi Gong DVD/ OR 1:15 Leave for Senior Center:/ SUAD "Bingo—the Winning Musical" 1:30 Beading Group/AR/ SUAD 2:00 Movie/OR "The Lives of Others" 7:15 Movie/OR "When Harry Met Sally"</p>	<p>11 9:30 Balance Exercises/OR 10:00 Poker / by C-1 Elevator 10:30 Conversations/OR <i>Find out the latest at Dominican Oaks...</i> 1:00 Rummikub/ <u>AR</u> 7:00 Games/AR 1:30 Shop Lucky's & Rite Aid/ SUAD Verdi's "Aida" with Placido Domingo <u>Start at 1:30</u> Intermission at 3:00 Final Acts 3:15—4:30 ~~ Oaks Rm</p>	<p>12 8:30 Rides/SUAD 9:30 Exercise with Tony/OR 10:30 Qi Gong DVD/ OR 10:30—11:30 Bible Study/ AR 11:30 New Resident Luncheon/PDR 1:00 Bridge/OR 1:00 Mah Jong /OR 1:15 Trip to Capitola Mall/SUAD 3:30 Rosary for Peace /Chp</p>	<p>13 8:30 Rides/SUAD 9:30 Balance Exercises/OR 10:30—11:30 PBS DVD/OR "Coney Island" <i>Shown again Sept. 18</i> 12:00 Leave for Santa Cruz FOLLIES <i>Previous sign up req'd/ try waiting list</i> 2:00 —3:55 DVD/OR Paul Muni "A Song to Remember" 3:15 Knitting, Etc. /AR 7:00 Bingo/OR</p>	<p>14 8:30 Rides /SUAD 8:30 Breakfast at the Beach/SUAD 10:30 Opening to Joy / OR <i>See newslettter</i> 9:30 Exercise /OR 1:30 WORD WARP / OR 4:00—5:30 Happy Hour/ Thomas Patio <i>Caribbean Steel Drums & Vocalist!</i> 7:30 Games /AR</p>	<p>15 9:30 Exercise with Tony/OR 10:00 Poker by C-1 elevator 10:30 DOGGS/ AR 1:00 Bridge/OR 1:30 Texas Poker/ C-1 2:00 "Philosophical Foundations of Modern Social Science" #12/ <u>ACORN</u> <i>Previous Sign up required</i> 7:15—9:35 Movie/ OR PG-13 "Fences" with Denzel Washington</p>	<p>16 10:15 Qi Gong DVD/ OR <i>Wish to attend Jewish services? Contact Activities during the week</i> 1:15 "Third Saturday" Writing Grp/OR 1:30 Table Games/AR 1:30 Movie/CC " Effie Gray" 4:00 Mass/OR 4:45—5:45 Lobby Piano Serenade with Bob 7:15 Movie/OR "The Godfather Part II"</p>
<p>17 Rides to Church/SUAD 10:15 Qi Gong DVD/ OR 2:00 Rabbi Lori Klein Presents: The Jewish High Holy Days <u>Open for ALL to attend to learn about this special time of year</u> 7:15 Movie/OR "Effie Gray"</p>	<p>18 9:30 Balance Exercises/OR 10:00 Poker / by C-1 elevator 10:30 Movie Committee/PDR 10:30 Resident Fran Stekoll Presents: Memoir Writing/ OR 1:00 Rummikub/ Acorn Room 1:30 Shop Nob Hill & CVS / SUAD 1:45 Art Class (for those enrolled) /OR 7:00 Games/AR 7:15—8:15 PBS DVD /OR "Coney Island"</p>	<p>19 8:30 Rides/SUAD 9:30 Exercise with Tony/OR 10:30 Qi Gong DVD/ OR 10:30—11:30 Bible Study/ AR 11:15 PICNIC at Henry Cowell /SUAD <i>Park Docent coming also....</i> 1:00 Bridge/OR 1:00 Mah Jong /OR 3:30 Rosary for Peace /Chapel 6:30 Threshold Choir Rehearses/CHP</p>	<p>20 Rosh Hashanah at Sunset 8:30 Rides/SUAD 9:30 Balance Exercises/OR 10:30—11:30 PBS DVD/OR Ken Burn's Brooklyn Bridge 2:30 New Resident Social /OR <i>Come Welcome the New Residents!</i> 3:15 Knitting & Crocheting /AR 7:00 Bingo/OR</p>	<p>21 8:30 Rides/SUAD 10:00—11:30 Bookmobile/Lobby 10:00—11:15 Hearing Aid Check /WC 11:30 Monthly Musical Program at Main Library ~~ <i>Jazz Standards from 1914 Through the 70's</i> <i>Percussion, Guitar & Voice /SUAD</i> <u>Oaks Room being used for Meeting</u> 4:15 Birthday / New Resident Dinner /DR 7:30 Games /AR</p>	<p>22 Fall Begins 10:00 Poker by C-1 elevator 10:30 DOGGS/ <u>Across from D204</u> <u>Oaks Room being used for Meeting all day</u> 1:30 Jewish Cultural Club/AR 1:30 Texas Poker by C-1 elevator 7:15—8:15 Richard on Piano: "We Gotta A Lotta Autumn!"</p>	<p>23 10:15 Qi Gong DVD/ OR <i>Wish to attend Jewish services? Contact Activities during the week</i> 1:15 Leave for Exhibition Softball Game with Resident / Player Evelyn Jones/SUAD 1:30 Table Games/AR 1:30 Movie/CC "The King's Speech" 4:00 Mass/OR 7:15 Movie/OR "Masterpiece Contemporary: Page Eight"</p>
<p>24 Rides to Church/SUAD 10:15 Qi Gong DVD/ OR 2:00 Movie/OR "Masterpiece Contemporary: Page Eight" 7:15 Movie/ OR "The King's Speech"</p>	<p>25 9:30 Balance Exercises/OR 9:30 Shop Trader Joe's / Bed, Bath & Beyond /SUAD 10:00 Poker / by C1 1:00 Rummikub/ <u>AR</u> 1:15 Temple Beth El / UCSC Lecturer: Jewish New York 1860—1940 /SUAD 1:45 Art Class (for those enrolled) /OR 7:00 Games/AR 7:15 —9:25 Movie/OR PG—13 "The Zookeeper's Wife"</p>	<p>26 8:30 Rides/SUAD 9:30 Exercise with Tony/OR 10:30 Qi Gong DVD/ OR 10:30—11:30 Bible Study/ AR 10:30 Shuffleboard in the Courtyard 1:00 Bridge/OR 1:00 Mah Jong/OR 1:15 Trip to Capitola Mall/SUAD 3:30 Rosary for Peace /Chp</p>	<p>27 8:30 Rides/SUAD 9:30 Balance /OR 10:30 "Let's Chat" with Jim /OR <i>Current Events & More!</i> 1:45 Leave for BOCCE BALLGame <i>Learn to play OR be a cheerleader at a local shaded park! SUAD</i> 2:00—4:00 PBS DVD/OR "To Walk Invisible" The Bronte Sisters 9/29 also 3:15 Knitting, Etc. /AR 7:00 Bingo/OR</p>	<p>28 8:30 Rides /SUAD Flu & Pneumonia Clinic in OR 9 AM to 12 Noon <i>Fill out packet from Front Desk to bring to Clinic</i> 9:45 Stroll or Sit at Lighthouse/ SUAD 1:45 Holy Cross Students Visit their Resident Buddies / SUAD / OR <i>By previous arrangement</i> 4:00—5:30 Happy Hour/ OR 7:30 Games /AR</p>	<p>29 Yom Kippur begins at Sunset 9:30 Exercise with Tony/OR 10:00 Poker by C-1 elevator 10:30 DOGGS/ AR <i>Dominican Oaks Guys & Gals Singing</i> 10:30 First Congregational/Chapel 1:00 Bridge/OR 1:30 Texas Poker /C1 7:15—9:15 PBS DVD/OR "To Walk Invisible" ~~The Bronte Sisters</p>	<p>30 10:15 Qi Gong DVD/ OR <i>Wish to attend Jewish services? Contact Activities during the week</i> 1:30 Table Games/AR 1:30 Movie/CC "Mrs. Miniver" 4:00 Mass/OR 7:15 Movie/OR "Rams"</p>