

May 2017 Assisted Living Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30 Balance Exercise/OR 10:00 Poker by C1 elevator 10:30 Exercise w/Tony 10:30 Activity Sign Ups/OR 1:00 Bible Study/AR 1:30 Music w/David Field 1:45 Art Class/OR	2 9:30 Exercise w/Tony/OR 10:30 Exercise w/Tony 10:30 Qi Gong DVD/OR 1:30 Richard on Piano 3:30 Rosary for Peace/Chapel	3 9:30 Balance Exercises/OR 10:30 Exercise w/Tony 1:30 Movie “Life & Times of Frida Kahlo”/ALAR 2:00-4:00 All Staff Meeting/OR 3:15 Knitting & Crocheting/AR 7:00 Bingo/OR	4 9:30 Exercise w/Tony/OR 10:00 Bookmobile/Lobby 10:30 Exercise w/Tony 10:45 Episcopal Service/Chapel 1:30 Poetry w/Magdalena 4:00-5:30 HAPPY HOUR	5 9:30 Exercise w/Tony/OR 10:00 Poker by C1 elevator 10:30 DOGGS Dominican Oaks Guys & Gals Singing in Oaks Room 1:30 Texas Poker-C1 elevator 5:30 Movie “Cocoon” 7:15 Pianist Richard Stauff/OR “Songs for Cinco de Mayo”	6 10:00 Music w/David O’Connor by the C1 elevator 10:15 Qi Gong DVD/ OR 1:30 Movie/CC “Annie Hall” 4:00 Mass/OR 7:15 Movie/OR “The Maiden Heist”
7 10:15 Qi Gong DVD/OR 1:00 Leave for Symphony 1:00 Kingdom of the Seahorse/ALAR 1:30 Texas Poker/C1 elevator 2:00 Movie/ OR “The Maiden Heist” 7:15 Movie/ OR “Annie Hall”	8 9:30 Balance Exercise/OR 9:30 Shop at Trader Joes/SUAD 10:00 Poker by C1 elevator 10:30 Exercise w/Tony 1:00 Bible Study/AR 1:30 AL Conversation 2:30 Musical Visits w/Ginny	9 9:30 Exercise w/Tony/OR 10:30 Exercise w/Tony 10:30 Qi Gong DVD/OR 1:30 Music w/Jack Bowers 3:30 Rosary for Peace/Chapel	10 No Balance Class today 10:30 Exercise w/Tony 1:30 Classic Movie/ALAR “Seven Days in May” 1:45 Leave for Coral Reef Exhibit at Seymour Center/SUAD 3:15 Knitting & Crocheting/AR 7:00 Bingo/OR	11 9:30 Exercise w/Tony/OR 9:45 Trip to the Dollar Tree/SUAD 10:30 Exercise w/Tony 1:30 Bingo w/Lori 4:00-5:30 HAPPY HOUR/OR w/Johnny Fabulous	12 9:30 Exercise w/Tony/OR 10:00 Poker by C1 elevator 10:30 DOGGS Sing/OR 1:30 Texas Poker-C1 elevator 1:30 Jewish Culture Club/AR 5:30 Assisted Living Movie “Darling Companion” 7:15 Villanelle Singing Duo/OR	13 10:00 Music w/John Hofacre by the C1 elevator 10:15 No Qi Gong today 1:30 Movie/CC “Lion” 4:00 Mass/OR 7:15 Movie/OR “Julietta”
14 Mother’s Day 10:15 Qi Gong DVD/OR 1:30 Texas Poker/C1 elevator 2:00 Movie/ OR “Julietta” 7:15 Movie/ OR “Lion”	15 9:30 Balance Exercise/OR 10:00 Poker by C1 elevator 10:30 Exercise w/Tony 1:00 Bible Study/AR 1:30 Music w/Ginny Mitchell 1:45 Art Class/OR (for those enrolled)	16 9:30 Exercise w/Tony/OR 10:30 Exercise w/Tony/OR 10:30 Qi Gong DVD/OR 11:00 Lunch at FireFish/SUAD 2:00 Sing Along w/Charlotte 3:30 Rosary for Peace/Chapel 6:30 Threshold Choir Rehearsal/ Chapel	17 9:30 Balance Exercises/OR 10:30 Exercise w/Tony 1:30 Movie/ALAR “Songcatcher” 2:00 New Resident Social with Ray & Lee/OR 3:15 Knitting & Crocheting/AR 7:00 Bingo/OR	18 9:30 Exercise w/Tony/OR 10:00 Bookmobile/Lobby 10:00 Hearing Aid Check W/C 10:30 Exercise w/Tony 1:30 WORD WARP/OR 2:45 Movie/OR “Frida Kahlo” 4:15 Birthday, New Resident Dinner/Main Dining Room	19 9:30 Exercise w/Tony/OR 10:00 Poker by C1 elevator 10:30 DOGGS—Dominican Oaks Guys & Gals Singing in Oaks Rm 1:30 Texas Poker-C1 elevator 5:30 AL Movie “High Society” 7:15 Pianist Richard Stauff/OR “Popular Piano Requests”	20 10:00 Music w/David Field by the C1 elevator 10:15 Qi Gong DVD/ OR 1:30 Movie/CC “Fences” 4:00 Mass/OR 7:15 Movie/OR “Manchester by the Sea”
21 10:15 Qi Gong DVD/ OR 1:30 Texas Poker/C1 elevator 2:00 Santa Cruz Peace Chorale/OR 7:15 Movie/ OR “Fences”	22 9:30 Balance Exercises/OR 10:00 Poker by C1 elevator 10:30 Exercise w/Tony 1:00 Bible Study/AR 1:30 Music w/Nick Royal 7:15 PBS DVD/OR “10 Buildings that Changed America”	23 9:30 Exercise w/Tony/OR 10:30 Exercise w/Tony 10:30 Qi Gong DVD/OR 1:30 Brain Games 3:30 Rosary for Peace/Chapel	24 9:30 Balance Exercises/OR 10:30 Exercise w/Tony 10:30 Let’s Chat w/Jim/AR 1:30 Movie/ALAR “Stars & Stripes Forever” 2:00 Fiat Musica Performs/OR 3:15 Knitting & Crocheting/AR 7:00 Bingo/OR	25 9:30 Exercise w/Tony/OR 10:30 Exercise w/Tony 1:30 Musical Visits w/Ginny 1:45 Holy Cross Students Visit Resident Buddies/OR 4:00-5:30 HAPPY HOUR/OR	26 9:30 Exercise w/Tony/OR 10:00 Poker by C1 elevator 10:30 DOGGS Sing/OR 10:30 Congregational Service/Chp 1:30 Jewish Culture Club/AR 1:30 Texas Poker-C1 elevator 5:30 Assisted Living Movie “The Secret Life of Bees”	27 10:00 Music w/Sunny by the C1 elevator 10:15 Qi Gong DVD/ OR 1:30 Movie/CC “The Descendants” 4:00 Mass/OR 7:15 Movie/OR “Elle”
28 10:15 Qi Gong DVD/ OR 1:30 Texas Poker/C1 elevator 1:30 AL Resident Ride 2:00 Movie/ OR “Elle” 7:15 Movie/ OR “The Descendants”	29 Memorial Day 9:30 Balance Exercises/OR 10:00 Poker/ C1 elevator 10:30 Exercise w/Tony 11:00 Patriotic Piano Salute/OR 1:00 No Bible Study today 3:00 Movie/OR “Hallowed Ground”/OR	30 9:30 Exercise w/Tony/OR 9:45 Walk at Lighthouse/SUAD 10:30 Exercise w/Tony 10:30 Qi Gong DVD/OR 11:30 New Resident Lunch 1:30 Music w/ pianist Bob 3:30 Rosary for Peace/Chapel	31 No Balance Class today 10:30 Exercise w/Tony 10:00 Employee Recognition/OR 1:30 Movie/ALAR “Magic of the Snowy Owl” 3:15 Knitting & Crocheting/AR 7:00 Bingo/OR	Podiatrist Across from D204 May 17th 9:00—11:15 am & 1:15—4:30 pm Call Dr. Alles at 609-6096	SUAD...Sign up at Activity Desk OR...Oaks Room AR...Acorn Room CC...Coffee Corner Chp...Chapel WC...Wellness Center (across from D204)	Activities take place in the Assisted Living Activity Room unless otherwise noted. Activities subject to change without notice. Please check daily flyers for updates.