

June 2019 Assisted Living Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Activities take place in the Assisted Living Activity Room unless otherwise noted.</p> <p>Activities subject to change without notice. Please check daily flyers for updates.</p>	<p>SUAD...Sign up at Activity Desk OR...Oaks Room AR...Acorn Room CC...Coffee Corner Chp...Chapel WC...Wellness Center (across from D204)</p>					<p>1 10:00 Music w/David Field by the C1 elevator 10:30 June Activity Sign Ups/OR 1:00 Bridge by the C1 elevator 1:30 Movie/ALAR "Two for the Road" 4:00 Mass/OR 7:20 Movie/OR "Page Eight"</p>
<p>2 10:30 Qi Gong DVD/OR 1:00 Rummikub & Scrabble 1:30 Movement w/Music/OR 1:30 Book Club Meeting/ALAR 2:45 Movie/OR "Page Eight" 7:20 Movie/OR "Two for the Road"</p>	<p>3 9:30 Balance Exercise/OR 10:00 Poker by C1 elevator 10:30 Exercise w/Tony 1:00-3:00 Clothes Swap/OR 1:30 Bible Study/Chapel 1:30 Music w/Ginny Mitchell 1:45 No Art Class today 7:20 DVD/OR "Can You Ever Forgive Me?"/OR</p>	<p>4 9:30 Exercise w/Tony/OR 10:30 Exercise w/Tony 10:30 Presentation on Lighting & Magnifier Options/OR 1:30 Richard on Piano 3:30 Rosary for Peace/Chapel 5:30 Assisted Living Movie "Paris Can Wait"</p>	<p>5 9:30 Balance Exercises/OR 10:30 Exercise w/Tony 1:00 Rummikub & Scrabble 2:00 Celebration of Life for Bleema Pressman-Damon/OR 3:15 Knitting & Crocheting/AR 7:00 Bingo/OR</p>	<p>6 9:30 Exercise w/Tony/OR 10:30 Exercise w/Tony 10:30 Facilitator Leslie Tremaine: "Love & Loss" 1:00 Rummikub & Scrabble 1:15 Poetry w/Magdalena 1:45 Tai Chi/OR 4:00-5:30 HAPPY HOUR/OR w/Johnny Fabulous</p>	<p>7 9:30 Exercise w/Tony/OR 9:45 Walk at Seaciff Beach/SUAD 10:00 Poker by C1 elevator 10:15 DOGGS Sing/AR 10:30 Exercise w/Tony 2:00 Prof. of Music Neal Zaslaw of Cornell: Mozart's Violin Sonatas/OR 5:30 Assisted Living Movie "Guess Who's Coming to Dinner"</p>	<p>8 10:00 Music w/David Field by the C1 elevator 10:30 Qi Gong DVD/OR 1:00 Bridge by the C1 elevator 1:30 Movie/ALAR "Stan & Ollie" 4:00 Mass/OR 7:20 Movie/AR "The Sound of Music"</p>
<p>9 10:00 Bingo w/Lori 10:30 Qi Gong DVD/OR No Movement w/Music today 2:45 Movie/OR "The Sound of Music" 7:20 Movie/ OR "Stan & Ollie"</p>	<p>10 9:30 Balance Exercise/OR 10:00 Poker by C1 elevator 10:30 Exercise w/Tony 1:30 AL Conversation 1:30 Bible Study/Chapel 1:45 Art Class #2/OR 2:30 Rummikub & Scrabble/CC 2:30-4:00 Hearing Aid Check/ W/C</p>	<p>11 9:30 Exercise w/Tony/OR 9:30 Neary Lagoon Walk/SUAD 10:30 Exercise w/Tony 10:30 Qi Gong DVD/OR 11:30 New Resident Luncheon 1:00 Rummikub & Scrabble 1:30 Music w/Jack Bowers 3:30 Rosary for Peace/Chapel 5:30 Assisted Living Movie "Cinema Paradiso"</p>	<p>12 9:30 Balance Exercises/OR 10:30 Exercise w/Tony 11:00 Episcopal Service/Chp 1:00 Rummikub & Scrabble 2:00 Wellness Series/OR "How to Meet New People & Transform Acquaintances into Friends" 3:15 Knitting & Crocheting/AR 7:00 Bingo/OR</p>	<p>13 9:30 Exercise w/Tony/OR 9:30 Leave to play Bocce Ball/SUAD 10:00 Bookmobile/Lobby 10:30 Exercise w/Tony 1:30 Sing Along w/Charlotte 1:45 Tai Chi/OR 4:00-5:30 HAPPY HOUR/OR with Anthony Arya of the TV show "The Voice"</p>	<p>14 Flag Day 9:30 Exercise w/Tony/OR 10:00 Poker by C1 elevator 10:15 DOGGS Sing/AR 10:30 Exercise w/Tony 1:30 Shabbot Service/AR 5:30 Assisted Living Movie "I'll See You in my Dreams" 7:15 Villanelle Singing Duo/OR</p>	<p>15 10:00 Music w/Nick Royal by the C1 elevator 10:30 Qi Gong DVD/ OR 1:30 Movie/ALAR "Julie & Julia" 1:00 Bridge by the C1 elevator 4:00 Mass/OR 4:30 Piano Serenade/Lobby 7:20 Movie/OR "A Little Chaos"</p>
<p>16 Father's Day 10:30 Qi Gong DVD/OR 1:00 Rummikub & Scrabble/CC 1:30 Movement w/Music/OR 2:45 Movie/OR "A Little Chaos" 7:20 Movie/OR "Julie & Julia"</p>	<p>17 9:30 Movement w/Music/OR 10:00 Poker by C1 elevator 1:00 Rummikub & Scrabble/CC 1:30 Bible Study/Chapel 1:30 Sharing Memories w/Fran 1:45 Art Class #1/OR</p>	<p>18 9:30-11:30 Full Power for Seniors/OR 1:00 Rummikub & Scrabble/CC 1:30-2:30DVD/ALAR "Great Cathedral Mystery" 3:30 Rosary for Peace/Chapel 5:30 Assisted Living Movie "A Fish Called Wanda"</p>	<p>19 9:30 Movement w/Music/OR 10:45-11:30 DVD/OR "Santa Clara Valley in 1948 & 1962" 1:00 Rummikub & Scrabble/CC 2:00 Music & Fun w/Tricia & Tracy "Two for the Show"/OR 3:15 Knitting, & Crocheting/AR 7:00 Bingo/OR</p>	<p>20 9:30 Movement w/Music/OR 10:30 Work on your Crafts/OR 1:00 Rummikub & Scrabble/CC 1:45 Tai Chi/OR 4:15 Birthday, New Resident Dinner/Main Dining Room</p>	<p>21 Summer begins 9:30 Movement w/Music/OR 10:00 Poker by C1 elevator 10:15 DOGGS Sing/AR 5:30 Assisted Living Movie "Call Me Madam" 7:15 Richard Stauff on Piano/OR "Hit Parade of 1953"</p>	<p>22 10:00 Music w/Karen Rodriguez by the C1 elevator 10:30 Qi Gong DVD/OR 1:30 Movie/ALAR "The Front Runner" 1:00 Bridge by the C1 elevator 1:45 BEADING Class/SUAD/AR 4:00 Mass/OR 7:20 Movie/OR "Widows"</p>
<p>23 10:30 Qi Gong DVD/OR 1:00 Rummikub & Scrabble 1:30 Movement w/Music/OR 2:45 Movie/OR "Widows" 7:20 Movie/ OR "The Front Runner"</p>	<p>24 9:30 Balance Exercise/OR 9:45 Shop Trader Joes/SUAD 10:00 Poker/ C1 elevator 10:30 Exercise w/Tony 1:15 Senior Connections/SUAD 1:30 Bible Study/Chapel 1:45 Art Class #2/OR</p>	<p>25 9:30 Exercise w/Tony/OR 9:45 Shop at Dollar Tree/SUAD 10:30 Qi Gong DVD/OR 10:30 Exercise w/Tony 2:30 New Resident Social/OR 3:30 Rosary for Peace/Chapel 5:30 Assisted Living Movie "Too Late for Tears"</p>	<p>26 9:30 Balance Exercises/OR 10:30 Exercise w/Tony 10:30 WORD WARP/OR 1:00 Rummikub & Scrabble 1:15 Trip to MAH/SUAD 2:00 Classic Ingrid Bergman Movie/OR 3:15 Knitting & Crocheting/AR 7:00 Bingo</p>	<p>27 8:30 Breakfast at Beach/SUAD 9:30 Exercise w/Tony/OR 10:00 Bookmobile/Lobby 10:30 Exercise w/Tony 1:45 Tai Chi/OR 4:00-5:30 HAPPY HOUR/OR Black Eyed Susies Perform</p>	<p>28 9:30 Exercise w/Tony/OR 9:45 Walk at Seaciff Beach/SUAD 10:30 Exercise w/Tony 10:00 Poker by C1 elevator 10:15 DOGGS Sing/AR 1:30 Jewish Culture Club/AR 5:30 Assisted Living Movie "The White Cliffs of Dover"</p>	<p>29 10:00 Music w/Karen Rodriguez by the C1 elevator 10:30 Qi Gong DVD/OR 1:30 Movie "The Verdict" 1:00 Bridge by the C1 elevator 4:00 Mass/OR 7:20 Movie "Gran Torino"</p>
<p>30 10:00 Bingo w/Lori 10:30 Qi Gong DVD/OR 1:15 Leave for Cabrillo for "Beehive" 2:45 Movie/OR "Gran Torino" 7:20 Movie/OR "The Verdict"</p>						