

June 2018 Assisted Living Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>SUAD...Sign up at Activity Desk OR...Oaks Room AR...Acorn Room CC...Coffee Corner Chp...Chapel WC...Wellness Center (across from D204)</p>	<p>Activities take place in the Assisted Living Activity Room unless otherwise noted.</p> <p>Activities subject to change without notice. Please check daily flyers for updates.</p>				<p>1 9:30 Exercise w/Tony/OR 10:00 Poker by C1 elevator 10:30 DOGGS Sing/AR 10:30 Activity Sign Ups/OR 10:30 Meditation Group/Chapel 1:30 Texas Poker-C1 elevator 5:30 Assisted Living Movie "Roman Holiday"</p>	<p>2 10:00 Music w/Karen Rodriguez by the C1 elevator 10:15 Qi Gong DVD/OR 1:30 Movie/ALAR "Walkabout" 2:00 Movement w/Music /OR 4:00 Mass/OR 7:15 Movie/OR "Women on the Verge of a Nervous Breakdown"</p>
<p>3 10:15 Qi Gong DVD/OR 1:15 Leave for Pacific Voices Concert/Prev. sign up required 1:30 Texas Poker/C1 elevator 2:00 Movie/OR "Woman on the Verge of a Nervous Breakdown" 7:15 Movie/OR "Walkabout"</p>	<p>4 9:30 Balance Exercise/OR 10:00 Poker by C1 elevator 10:30 Exercise w/Tony 10:30—11:30 PBS DVD/ OR "Animal Reunions" 1:30 Music w/Ginny Mitchell 1:45 Art Class for those enrolled</p>	<p>5 Election Day 9:30 Exercise w/Tony/OR 10:30 Exercise w/Tony 10:30 Qi Gong DVD/OR 1:30 Richard on Piano 3:30 Rosary for Peace/Chapel 5:30 Assisted Living Movie "Maudie"</p>	<p>6 9:30 Balance Exercises/OR 10:30 Exercise w/Tony 1:00 Rummikub & Scrabble 2:00 Dominican Plaza Pharmacist Barry speaks/OR 3:15 Knitting & Crocheting/AR 7:00 Bingo/OR</p>	<p>7 8:30 Breakfast at the Beach 9:30 Exercise w/Tony/OR 10:30 Exercise w/Tony 10:45 Episcopal Service/Chp 1:30 Poetry w/Magdalena 1:45 Tai Chi/OR 4:00-5:30 HAPPY HOUR/OR with Joe Ferrara</p>	<p>8 9:30 Exercise w/Tony 10:00 Poker by C1 elevator 10:30 DOGGS Sing/AR 10:30 Meditation Group/Chapel 1:30 Texas Poker-C1 elevator 1:30 Jewish Culture Club/AR 5:30 Assisted Living Movie "On the Beach" 7:15 Villanelle Singing Duo/OR</p>	<p>9 10:00 Music w/David by the C1 elevator 10:15 Qi Gong DVD/OR 1:30 Movie/ALAR "Bombshell: The Hedy Lamarr Story" 2:00 Movement w/Music /OR 4:00 Mass/OR 7:15 Movie/AR "Taxi Driver"</p>
<p>10 10:00 Bingo w/Lori 10:15 Qi Gong DVD/OR 1:15 AL Resident Ride 1:30 Beading Class/AR/SUAD 1:30 Texas Poker/C1 elevator 2:00 Movie/OR "Taxi Driver" 7:15 Movie/ OR "Bombshell: The Hedy Lamarr Story"</p>	<p>11 9:30 Balance Exercise/OR 10:00 Poker by C1 elevator 10:30 Exercise w/Tony 1:30 AL Conversation 2:45 WORD WARP/OR</p>	<p>12 9:30 Exercise w/Tony/OR 9:45 Aladdin Nursery Trip/SUAD 10:30 Exercise w/Tony 10:30 Qi Gong DVD/OR 11:30 New Resident Luncheon 1:30 Music w/Karen Rodriguez 3:30 Rosary for Peace/Chapel 5:30 Assisted Living Movie "Dead Poets Society"</p>	<p>13 9:30 Balance Exercises/OR 10:30 Exercise w/Tony 1:00 Rummikub & Scrabble 1:15 Snacks in the Sequoias/SUAD 2:00—4:10 Movie/OR "Gorilla's in the Mist" 3:15 Knitting & Crocheting/AR. 7:00 Bingo/OR</p>	<p>14 Flag Day 9:30 Exercise w/Tony/OR 10:00 Bookmobile/Lobby 10:30 Exercise w/Tony 1:45 Resident Billie Harris: A One Woman Show/OR 1:30 Nature DVD: "Ireland's Wild River" 4:00 HAPPY HOUR/OR with Johnny Fabulous</p>	<p>15 9:30 Exercise w/Tony/OR 10:00 Poker by C1 elevator 10:30 DOGGS Sing/AR 10:30 Meditation Group/Chapel 1:00 Leave for Winery/SUAD 1:30 Texas Poker-C1 elevator 5:30 Assisted Living Movie "Nights at Rodanthe" 7:15 Pianist Martan Mann/OR</p>	<p>16 10:00 Music w/John Hofacre by the C1 elevator 10:15 Qi Gong DVD/ OR 1:30 Movie/ALAR "You Can Count on Me" 2:00 Movement w/Music /OR 4:00 Mass/OR 4:30 Lobby Piano Serenade w/Bob 7:15 Movie/OR "La Vie en Rose"</p>
<p>17 Father's Day 9:25 Leave for Life Long Learners/SUAD 10:15 Qi Gong DVD/OR 1:30 Texas Poker/C1 elevator 2:00 Movie/OR "La Vie en Rose" 7:15 Movie/OR "You Can Count on Me"</p>	<p>18 No Exercise w/Tony 9:30 Movement w/Music/OR 10:00 Poker by C1 elevator 10:30 Memoir Writing/OR 1:00-3:00 Rummikub & Scrabble 1:45 Art Class for those enrolled 7:15—9:10 DVD/ OR "Goodbye Christopher Robin"</p>	<p>19 No Exercise w/Tony 10:00 Employee Recognition Party/OR 1:30 Music w/Nick Royal 3:30 Rosary for Peace/Chapel 5:30 Assisted Living Movie "The Spirit of St. Louis"</p>	<p>20 No Exercise w/Tony 9:30 Movement w/Music/OR 1:00 Rummikub & Scrabble 2:30-4:00 Refreshments & Dancing with Two for the Show/OR 3:15 Knitting & Crocheting/AR 7:00 Bingo/OR</p>	<p>21 No Exercise w/Tony 9:30 Movement w/Music/OR 9:45 Trip to the Dollar Tree/SUAD 10:00 Hearing Aid Check/ W/C 1:30 Movie "Mully" 1:45 Tai Chi/OR 4:15 Birthday, New Resident Dinner/Main Dining Room 7:15—8:45 DVD/ OR "Dolores"</p>	<p>22 No Exercise w/Tony 9:30 Movement w/Music/OR 10:00 Poker by C1 elevator 10:30 DOGGS Sing/AR 1:30 Texas Poker-C1 elevator 1:30 Jewish Culture Club/AR 5:30 Assisted Living Movie "The Captain's Paradise" 7:15 DVD/OR "Andre Rieu"</p>	<p>23 10:00 Music w/Karen Rodriguez by the C1 elevator 10:15 Qi Gong DVD/OR 1:30 Movie/ALAR "Little Miss Sunshine" 2:00 Movement w/Music /OR 4:00 Mass/OR 7:15 Movie/OR "To Kill a Mockingbird"</p>
<p>24 9:45 Bus Trip to San Lorenzo Valley w/guide Bob Wall/SUAD 10:00 Bingo w/Lori 10:15 Qi Gong DVD/OR 1:30 Texas Poker/C1 elevator 2:00 Student Piano Recital/OR 7:15 Movie/ OR "Little Miss Sunshine"</p>	<p>25 9:30 Balance Exercise/OR 9:45 Shop Trader Joes/SUAD 10:00 Poker/ C1 elevator 10:30 Exercise w/Tony 10:30 Memoir Writing/OR 1:30 Sing Along w/Charlotte 7:15—8:50 Movie "A Better Life"/OR</p>	<p>26 9:30 Exercise w/Tony/OR 10:30 Exercise w/Tony 10:30 Qi Gong DVD/OR 1:30 Music w/David Field 3:30 Rosary for Peace/Chapel 5:30 Assisted Living Movie "Calendar Girls"</p>	<p>27 9:30 Balance Exercises/OR 9:45 Walk West Cliff Dr./SUAD 10:30 Exercise w/Tony 1:00 Rummikub & Scrabble 2:00 UCSC's Miriam Ellis/OR "Favorite Tenors & Tenor Favorites" 3:15 Knitting, Etc./AR 7:00 Bingo/OR</p>	<p>28 9:30 Exercise w/Tony/OR 10:00 Bookmobile/Lobby 10:30 Exercise w/Tony 10:30—11:30 PBS DVD/ OR "Arctic Ghost Ship" 1:30 Memoir Writing w/Fran 4:00 HAPPY HOUR/OR</p>	<p>29 9:30 Exercise w/Tony/OR 10:00 Poker by C1 elevator 10:30 Congregational Service/Chp 1:30 Texas Poker by C1 elevator 5:30 Assisted Living Movie "Midnight Run" 7:15 Pianist Richard Stauff: Hit Parade of 1943!</p>	<p>30 10:00 Music w/Sunny by the C1 elevator 10:15 Qi Gong DVD/OR 1:30 Movie/ALAR "Dark Passage" 4:00 Mass/OR 7:15 Movie/OR "The Man in the Gray Flannel Suit"</p>