

July 2017 Assisted Living Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>SUAD...Sign up at Activity Desk OR...Oaks Room AR...Acorn Room CC...Coffee Corner Chp...Chapel WC...Wellness Center (across from D204)</p>	<p>Activities take place in the Assisted Living Activity Room unless otherwise noted.</p> <p>Activities subject to change without notice. Please check daily flyers for updates.</p>	<p>Podiatrist July 19th 9:00—11:15 am & 1:15—4:30 pm Call Dr. Alles at 609-6096</p>				<p>1 10:00 Music w/David Field by the C1 elevator 10:15 No Qi Gong today 10:30 Activity Sign Ups/OR 1:30 Movie/CC "Glenn Miller Story" 4:00 Mass/OR 7:15 Movie/OR "Remember"</p>
<p>2 10:15 Qi Gong DVD/OR 1:30 Texas Poker/C1 elevator 2:00 Movie/OR "Remember" 7:15 Movie/OR "The Glenn Miller Story"</p>	<p>3 9:30 Balance Exercise/OR 10:00 Poker by C1 elevator 10:30 Exercise w/Tony No Bible Study today 1:30 Music w/Richard Stauff 2:00 Speaker "The History of the Writing of the Bible"/OR</p>	<p>4 4th of July 9:30 Exercise w/Tony/OR 10:30 Exercise w/Tony 10:30 Qi Gong DVD/OR 2:00 Patriotic Salute w/Vocalist & Guitarist Lee Peterson/OR 3:30 Rosary for Peace/Chapel</p>	<p>5 9:30 Balance Exercises/OR 9:45 Trip to the Dollar Tree/SUAD 10:30 Exercise w/Tony 1:30 Music w/ Jack Bowers 2:00 Movie/OR "Land of Silence & Darkness" 3:15 Knitting & Crocheting/AR 7:00 Bingo/OR</p>	<p>6 9:30 Exercise w/Tony 10:30 Exercise w/Tony 10:30 Opening to Joy/OR 10:45 Episcopal Service/Chp. 1:30 Poetry with Magdalena 10:30 Exercise w/Tony 4:30 HAPPY HOUR/OR <i>The Apple Butter Bros. perform!</i></p>	<p>7 9:30 Exercise w/Tony/OR 9:30 Corn Shucking/ Thomas Patio/SUAD 10:00 Poker by C1 elevator 10:30 DOGGS Sing/ ACORN 1:30 Texas Poker-C1 elevator 5:30 Assisted Living Movie "Chicken People"</p>	<p>8 11:30-1:30 Family BBQ/ In the Courtyard 10:00 No Music today 10:15 No Qi Gong today 1:30 Movie/CC "Things to Come" 4:00 Mass/OR 7:15 Movie/AR "Arrival"</p>
<p>9 10:15 Qi Gong DVD/OR 1:30 Texas Poker/C1 elevator 2:00 Movie/OR "Arrival" 7:15 Movie/ OR "Things to Come"</p>	<p>10 9:30 Balance Exercise/OR 9:30 Shop Trader Joes/SUAD 10:00 Poker by C1 elevator 10:30 Exercise w/Tony No Bible Study today 1:30 AL Conversation 2:30 Musical Room Visits with Ginny Mitchell</p>	<p>11 9:30 Exercise w/Tony/OR 10:30 Exercise w/Tony/OR 10:30 Qi Gong DVD/OR 1:15 Visit Pajaro Valley Art Exhibit/SUAD 1:30 Movie/ALAR "Paris the Luminous Years" 3:30 Rosary for Peace/Chapel</p>	<p>12 9:30 Balance Exercises/OR 10:30 Exercise w/Tony 1:30 Movie/ALAR "Land of Silence and Darkness" 2:00 What's My Line?/OR 3:15 Knitting & Crocheting/AR 7:00 Bingo/OR</p>	<p>13 9:30 Exercise w/Tony/OR 9:45 Walk at West Cliff Dr./SUAD 10:00 Bookmobile/Lobby 10:30 Opening to Joy/OR 10:30 Exercise w/Tony 1:30 WORD WARP/OR 4:30 HAPPY HOUR/OR <i>French Salute to Bastille Days</i></p>	<p>14 9:30 Exercise w/Tony/OR 10:00 Poker by C1 elevator 10:30 DOGGS—Dominican Oaks Guys & Gals Singing /ACORN 1:30 Jewish Culture Club/AR 1:30 Texas Poker-C1 elevator 5:30 Assisted Living Movie "Paint Your Wagon" 7:15 Villanelle Singing Duo/OR</p>	<p>15 10:00 Music w/David O'Connor by the C1 elevator 10:15 Qi Gong DVD/ OR 1:30 Movie/CC "All That Jazz" 4:00 Mass/OR 7:15 Movie/OR "The Flat"</p>
<p>16 10:15 Qi Gong DVD/OR 1:30 Texas Poker/C1 elevator 1:30 New Beading Class/SUAD 2:00 Movie/OR "The Flat" 7:15 Movie/OR "All That Jazz"</p>	<p>17 9:30 Balance Exercise/OR 10:00 Poker by C1 elevator 10:30 Exercise w/Tony No Bible Study today 1:30 Giant Crossword Puzzle In the Courtyard</p>	<p>18 8:30 Breakfast at the Beach/SUAD 9:30 Exercise w/Tony/OR 10:30 Exercise w/Tony 10:30 Qi Gong DVD/OR 1:30 Music w/Nick Royal 3:30 Rosary for Peace/Chapel 6:30 Threshold Choir/Chapel</p>	<p>19 9:30 Balance Exercises/OR 10:30 Exercise w/Tony 2:00 New Resident Social/OR <i>Elvis will help welcome new residents!</i> 3:15 Knitting & Crocheting/AR 7:00 Bingo/OR</p>	<p>20 9:30 Exercise w/Tony/OR 10:00 Hearing Aid Check W/C 10:30 Exercise w/Tony 10:30 Opening to Joy/OR 11:30 Leave for Munching w/Mozart/SUAD 2:15 Mothers of Men: 1917 Silent Movie/OR 4:15 Birthday, New Resident Dinner/Main Dining Room</p>	<p>21 9:30 Exercise w/Tony/OR 10:00 Poker by C1 elevator 10:30 DOGGS Sing/ ACORN 1:30 Texas Poker-C1 elevator 5:30 Assisted Living Movie "A Prairie Home Companion" 7:15 Pianist Richard Stauff/OR "Tribute to Nat King Cole"</p>	<p>22 10:00 Music w/Nick by the C1 elevator 10:15 Qi Gong DVD/OR 1:30 Movie/CC "Chicago" 4:00 Mass/OR 7:15 Movie/OR "The Zookeeper's Wife"</p>
<p>23 10:15 Qi Gong DVD/ OR 1:15 Leave for Beauty & the Beast 2:00 Movie/OR "Zookeeper's Wife" 7:15 Movie/OR "Chicago"</p>	<p>24 9:30 Balance Exercises/OR 10:00 Poker/ C1 elevator 10:30 Exercise w/Tony No Bible Study today 1:30 Music w/Ginny Mitchell</p>	<p>25 9:30 Exercise w/Tony/OR 10:30 Exercise w/Tony 10:30 Qi Gong DVD/OR 11:30 New Resident Lunch/PDR 1:30 Music w/David Field 3:30 Rosary for Peace/Chapel</p>	<p>26 9:30 Balance Exercises/OR 10:30 Exercise w/Tony 1:30 Movie/ALAR "Somewhere in Time" 3:15 Knitting & Crocheting/AR 7:00 Bingo/OR</p>	<p>27 9:30 Exercise w/Tony/OR 10:00 Bookmobile/Lobby 10:30 Opening to Joy/OR 10:30 Exercise w/Tony 1:30 Music w/Bob 4:30 HAPPY HOUR/OR</p>	<p>28 9:30 Exercise w/Tony/OR 10:00 Poker by C1 elevator 10:30 No DOGGS today 10:30 Congregational Service/Chp 1:30 Jewish Culture Club/AR 1:30 Texas Poker by C1 elevator 5:30 Assisted Living Movie "Swimming Upstream"</p>	<p>29 10:00 Music w/Sunny by the C1 elevator 10:15 Qi Gong DVD/OR 1:30 Movie/CC "Slumdog Millionaire" 4:00 Mass/OR 7:15 Movie/OR "Munich"</p>
<p>30 10:15 Qi Gong DVD/OR 1:30 Texas Poker/C1 elevator 1:30 AL Resident Ride 2:00 Movie/OR "Munich" 7:15 Movie/OR "Slumdog Millionaire"</p>	<p>31 9:30 Balance Exercise/OR 10:00 Poker/C1 elevator 10:30 Exercise No Bible Study today 1:30 Sing Along w/Charlotte 4:30—5:30 Piano Serenade/ Lobby</p>					