

Dominican Oaks July 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>SUAD...Sign Up at Activity Desk LBY...Lobby PDR...Private Dining Room CHP...Chapel OR...Oaks Room AR...Acorn Room WC...Wellness Center: Across from D204 CC...Coffee Corner in Assisted Living</p>	<p>Podiatrist Across from D204 July 19 August 15 & 16 9—11:15 AM & 1:15—4:30 PM Call Dr. Alles at 609-6096 You may get voicemail.</p>	<p>Wellness Center Across from D204 on Tuesdays from 1 to 2 PM (except on Tuesdays when used by podiatrist & July 18 & 25) Blood Pressure Checks & More Staffed by Stacy Smith-Paynter, RN</p>	<p>Resident Support Group Acorn Room~~~3:15 PM Tuesdays July 18, 25 & August 1, 8, 15 and 22 If interested in this Senior Outreach grp from Family Service Agency, see the facilitator beforehand at 3 PM.</p>			<p>1 Activity Sign Ups /OR Come between 10:30 AM & 10:35 for one's raffle ticket Wish to attend Jewish services? Contact Activities during the week 1:30 Table Games/AR 4:00 Mass/OR 1:30 "First Saturday" Writing group 1:30 Movie/CC "The Glenn Miller Story" 7:15 "Remember"</p>
<p>2 Rides to Church/SUAD 10:15 Qi Gong DVD/ OR 2:00 Movie/ OR "Remember" 7:15 Movie/ OR "The Glenn Miller Story"</p>	<p>3 9:30 Balance Exercises/OR 10:00 Poker / by C-1 Elevator No Bible Study the month of July 1:00 Rummikub/ Oaks Room 10:00 Resident Council/ PDR 1:30 Shop Lucky's & Rite Aid/ SUAD 2:00 Resident Howard Bleichner Presents: "The History of the Writing of the Bible"/OR 7:00 Games/AR</p>	<p>4 4th of July <i>No Rides on the holiday</i> 9:30 Exercise with Tony/OR 10:30 Qi Gong DVD/ OR <i>No Bridge or Mah Jong in OR</i> 2:00 Patriotic Salute with Vocalist & Guitarist Lee Peterson /OR <i>Refreshments & Fun!</i> 3:30 Rosary for Peace/Chp</p>	<p>5 8:30 Rides/SUAD 9:30 Balance Exercises/OR 9:45 Trip to Dollar Tree/SUAD 10:30—11:30 PBS DVD/OR: "Big Birds Can't Fly" 2:00—3:25 Movie /OR "Land of Silence and Darkness" 3:15 Knitting and Crocheting /AR 7:00 Bingo/OR</p>	<p>6 8:30 Rides /SUAD 9:30 Exercise with Tony/OR 10:30 Opening to Joy /OR <i>See newsletter for this special event!</i> 10:45 Episcopal Service/ Chapel 2:00—3:00 PBS DVD: "10 PARKS that changed America" /OR 4:00—5:30 Happy Hour/OR <i>The Apple Butter Brothers Perform!</i> 7:30 Games/AR</p>	<p>7 9:30 Exercise with Tony/OR 9:30 Corn Shucking for BBQ!/ SUAD 10:00 Poker / by C-1 elevator 10:30 DOGGS /OR Dominican Oaks Guys & Gals Singing /ACORN 1:00 Bridge/OR 1:30 Texas Poker/ by C-1 2:00 "Philosophical Foundations of Modern Social Science" # 7/ ACORN <i>Previous Sign up required</i> 7:15 Movie/OR "Somewhere in Time"</p>	<p>8 No 10:15 Qi Gong DVD today 8 to 9 Continental Breakfast/Lobby 11:30-1:30 Family BBQ <i>Previous Sign up Required</i> 1:30 Table Games/AR 1:30 Movie/CC "Things to Come 4:00 Mass/OR 7:15 Movie/OR "Arrival" 5--6 Pre-ordered Box Dinner Pick up in the Lobby</p>
<p>9 Rides to Church/SUAD 10:15 Qi Gong DVD/ OR 2:00 Movie/OR "Arrival" 7:15 Movie/OR "Things To Come"</p>	<p>10 9:30 Balance Exercises/OR 9:30 Shop Trader Joe's / Bed, Bath & Beyond /SUAD 10:00 Poker / by C-1 Elevator 10:30 Conversations/OR 1:00 Rummikub/ OR 7:00 Games/AR 1:15 Senior Connections at Temple Beth El: Movie "Above & Beyond"/ SUAD 1:45 Art Class (for those enrolled) /OR</p>	<p>11 8:30 Rides/SUAD 9:30 Exercise with Tony/OR 10:30 Qi Gong DVD/ OR 1:00 Bridge/OR 1:00 Mah Jong /OR 1:15 Visit Pajaro Valley Arts Exhibit in Watsonville/SUAD (featuring one of our residents!) 3:30 Rosary for Peace /Chp</p>	<p>12 8:30 Rides/SUAD 9:30 Balance Exercises/OR 10:30—11:30 PBS DVD/ OR "Magic of the Snowy Owl" 2:00 "What's My Line?" /OR <i>Based on the popular TV program</i> 3:15 Knitting & Crocheting /AR</p>	<p>13 8:30 Rides /SUAD 9:30 Exercise with Tony/OR 9:45 Sit or Stroll at Lighthouse/SUAD <i>Small good doggies invited too</i> 10:00 Bookmobile/Lobby 10:30 Opening to Joy /OR 1:30 WORD WARP /OR 7:30 Games /AR 4:00—5:30 Happy Hour/OR <i>French Tribute to Bastille Day ~July 14</i></p>	<p>14 9:30 Exercise with Tony/OR 10:00 Poker by C-1 elevator 10:30 DOGGS/ ACORN 1:00 Bridge/OR 1:30 Jewish Cultural Club/AR 1:30 Texas Poker/ C-1 Elevator 7:15 Villanelle Singing Duo! /OR <i>A dynamite & versatile singing duo. Check it out!</i></p>	<p>15 10:15 Qi Gong DVD/ OR <i>Wish to attend Jewish services?</i> <i>Contact Activities during the week</i> 1:15 "Third Saturday" Writing Grp/OR 1:30 Tables Games/AR 1:30 Movie/CC "All That Jazz" 4:00 Mass/OR 7:15 Movie/OR "The Flat"</p>
<p>16 Rides to Church/SUAD 10:15 Qi Gong DVD/ OR 1:30—3:30 New Beading Class in the Acorn Room /SUAD <i>with new instructor Marcia!</i> 2:00 Movie/OR "The Flat" 7:15 Movie/OR "All That Jazz"</p>	<p>17 9:30 Balance Exercises/OR 10:00 Poker / by C-1 elevator 10:30 Movie Committee/PDR 10:30 Resident Fran Stekoll Presents: Memoir Writing/ OR 1:00 Rummikub/ Oaks Room 1:30 Shop Nob Hill & CVS / SUAD 7:00 Games/AR 7:15—8:45 Movie/OR "Georgia O' Keefe" Jeremy Irons</p>	<p>18 No Wellness Center today 8:30 Rides/SUAD 8:30 Breakfast at the Beach/SUAD 9:30 Exercise with Tony/OR 10:30 Qi Gong DVD/ OR 1:00 Bridge/OR 1:00 Mah Jong/OR 1:15 Trip to Capitola Mall/SUAD 3:30 Rosary for Peace /Chapel 6:30 Threshold Choir Rehearses/CHP</p>	<p>19 8:30 Rides/SUAD 9:30 Balance Exercises/OR 2:00 New Resident Social/ OR <i>Elvis will be in the house to welcome residents!</i> <i>Thank you John Wasserburger</i> 3:15 Knitting & Crocheting / AR 7:00 Bingo/OR</p>	<p>20 8:30 Rides /SUAD 9:30 Exercise OR 10:00—11:15 Hearing Aid Check /WC 10:30 Opening to Joy /OR 7:30 Games/AR 11:30 French Music in honor of Bastille Day~~"Munching with Mozart" at Main Library/SUAD 2:15—3:25 Local historian Ross Gibson Presents & Explains: "Mothers of Men" A 1917 movie filmed in Santa Cruz! 4:15 Birthday, New Resident Dinner /DR</p>	<p>21 9:30 Exercise with Tony/OR 10:00 Poker by C-1 elevator 10:30 DOGGS Dominican Oaks Guys & Gals Singing /ACORN 1:00 Bridge/OR 1:30 Texas Poker /by C-1 2:00 "Philosophical Foundations of Modern Social Science" #8 /ACORN <i>Previous Sign up required</i> 7:15 Pianist Richard Stauff/ OR Tribute to Nat King Cole</p>	<p>22 10:15 Qi Gong DVD/ OR <i>Wish to attend Jewish services?</i> <i>Contact Activities during the week</i> 1:30 Table Games/AR 1:30 Movie/CC "Chicago" 4:00 Mass/OR 7:15 Movie/OR "The Zookeeper's Wife"</p>
<p>23 Rides to Church/SUAD 10:15 Qi Gong DVD/ OR 1:15 Leave for "Beauty & The Beast" at Cabrillo Stage—<i>previous sign up req'd</i> 2:00 Movie/OR "The Zookeeper's Wife" 7:15 Movie/ OR "Chicago"</p>	<p>24 9:30 Balance Exercises/OR 10:00 Poker / C1 Elevator 1:30 Shop Lucky's & Rite Aid/SUAD 1:45 Art Class (for those enrolled) /OR 7:00 Games/AR 1:00 Rummikub/ OR</p>	<p>25 No Wellness Center today 8:30 Rides/SUAD 9:30 Exercise with Tony/OR 10:30 Qi Gong DVD/ OR 11:30 New Resident Luncheon/PDR 1:00 Bridge/OR 1:00 Mah Jong/OR 1:15 Trip to Capitola Mall/SUAD 3:30 Rosary for Peace /Chp</p>	<p>26 8:30 Rides/SUAD 9:30 Balance Exercises/OR 10:30—11:30 PBS Documentary/OR "Italy's Mystery Mountains" 2:00 Resident Stu Schlegel Speaks/OR "The Tendency of Figel: A Community of People that Transformed my Life" <i>Repeated Tuesday Aug. 1st at 7:15 PM</i> 3:15 Knitting, Etc / AR 7:00 Bingo/OR</p>	<p>27 8:30 Rides /SUAD 9:30 Exercise with Tony/OR 10:00-11:30 Bookmobile/Lobby 10:30 Opening to Joy /OR <i>See newsletter for this special event!</i> 2:00—3:00 PBS DVD: " 10 PARKS that changed America" /OR 4:00—5:30 Happy Hour/OR 7:30 Games/AR</p>	<p>28 9:30 Exercise with Tony/OR 10:00 Poker by C-1 elevator No DOGGS today 10:30 First Congregational/Chapel 12:30 Monterey Shopping trip /SUAD 1:00 Bridge/OR 1:30 Jewish Cultural Club/AR 1:30 Texas Poker by C-1 elevator 7:15—9:10 DVD /OR "The Art of Violin—The Devil's Instrument"</p>	<p>29 10:15 Qi Gong DVD/ OR <i>Wish to attend Jewish services?</i> <i>Contact Activities during the week</i> 1:30 Table Games/AR 1:30 Movie/CC "Slumdog Millionaire" 4:00 Mass/OR 7:15 Movie/OR "Munich"</p>
<p>30 Rides to Church/SUAD 10:15 Qi Gong DVD/ OR 2:00 Movie/OR "Munich" 7:15 Movie/ OR "Slumdog Millionaire"</p>	<p>31 9:30 Balance Exercises/OR 10:00 Poker / C1 Elevator 10:30 Memoir Writing/ OR 1:00 Rummikub/ OR 1:30 Shop Nob Hill /SUAD 7:00 Games/AR 4:30—5:30 Piano Serenade/ Lobby</p>					