

# February 2018 Assisted Living Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>SUAD...Sign up at Activity Desk OR...Oaks Room AR...Acorn Room CC...Coffee Corner Chp...Chapel WC...Wellness Center (across from D204)</p>	<p><b>Podiatrist</b> <i>Across from D204</i> February 27 &amp; 28 Tuesdays 9AM to 12 PM Wednesdays 9AM to 2:30 PM Call Dr. Alles at 609-6096 <i>You may get voicemail.</i></p>			<p><b>1</b> 9:30 Exercise w/Tony/OR 10:30 Exercise w/Tony 10:30 Activity Sign Ups/OR 10:45 Episcopal Service/Chp 1:30 WORD WARP/OR 4:00 HAPPY HOUR with Johnny Fabulous/OR</p>	<p><b>2</b> 9:30 Exercise w/Tony/OR 10:00 Poker by C1 elevator 10:30 DOGGS SING/AR 10:30 Fr. Howard Presents: "The Gospel of Mark" 1:30 Texas Poker-C1 elevator 5:30 Assisted Living Movie "Her Alibi"</p>	<p><b>3</b> 10:00 Music w/Karen Rodriguez by the C1 elevator 10:15 Qi Gong DVD/OR 1:30 Movie/ALAR "The King &amp; I" 4:00 Mass/OR 7:15 Movie/OR "The Taking of Pelham 123"</p>
<p><b>4</b> 10:00 Bingo w/Lori 10:15 Qi Gong DVD/OR 1:30 AL Resident Ride 1:30 Texas Poker/C1 elevator 3:00 Super Bowl Party/OR 7:45 Movie/OR "The King and I"</p>	<p><b>5</b> 9:30 Balance Exercise/OR 10:00 Poker by C1 elevator 10:30 Exercise w/Tony 1:30 Movie /ALAR "Lullaby of Broadway" 2:00 Book Art/OR/SUAD</p>	<p><b>6</b> 9:30 Exercise w/Tony/OR 10:30 Exercise w/Tony 10:30 Qi Gong DVD/OR 1:00 iPad Class/AR/SUAD 1:30 Richard on Piano 3:30 Rosary for Peace/Chapel 5:30 Assisted Living Movie "Me Before You"</p>	<p><b>7</b> 9:30 Balance Exercises/OR 10:30 Exercise w/Tony 1:00 Rummikub &amp; Scrabble 2:00 Pete &amp; Toshi Seeger: Music &amp; Memories/OR 3:15 Knitting &amp; Crocheting/AR 7:00 Bingo/OR</p>	<p><b>8</b> <i>No Exercise w/Tony today</i>  10:00 Bookmobile/Lobby 10:30 Opening to Joy/OR 1:45 Stroll or Sit and Sip Hot Cider at Seacliff Beach/SUAD 4:00 CHUG &amp; CHAT/OR (Happy Hour with emphasis on socializing-no music this time)</p>	<p><b>9</b> <i>No Exercise w/Tony today</i>  10:00 Poker by C1 elevator 10:30 DOGGS Sing/AR 10:30 Fr. Howard "Gospel of Matthew"/OR 1:30 Texas Poker-C1 elevator 1:30 Jewish Culture Club/AR 5:30 Assisted Living Movie "Broken Trust" 7:15 Villanelle Singing Duo/OR</p>	<p><b>10</b> 10:00 Music w/Michelle Kiba by the C1 elevator 10:15 Qi Gong DVD/OR 1:30 Movie/ALAR "Maudie" 2:00 Young Classical Performers/OR 4:00 Mass/OR 7:15 Movie/AR "Michael Collins"</p>
<p><b>11</b> 10:15 Qi Gong DVD/OR 1:30 Texas Poker/C1 elevator 1:30 Beading Class/AR/SUAD 2:00 Movie/OR "Michael Collins" 7:15 Movie/ OR "Maudie"</p>	<p><b>12</b> 9:30 Balance Exercise/OR 10:00 Poker by C1 elevator 10:30 Exercise w/Tony 1:30 AL Conversation 1:45 Art for those enrolled 2:45 Musical Room Visits with Ginny Mitchell</p>	<p><b>13</b> 9:30 Exercise w/Tony/OR 10:30 Exercise w/Tony 10:30 Qi Gong DVD/OR 10:30 Ancestry Group/PDR 11:30 New Resident Luncheon 1:00 iPad Class/AR/SUAD 2:30 Mardi Gras Dance Party/OR 3:30 Rosary for Peace/Chapel 5:30 Assisted Living Movie "Queen of Katwe"</p>	<p><b>14</b> <b>Valentine's Day</b> 9:30 Balance Exercises/OR 10:30 Mass &amp; Distribution of Ashes/OR 10:30 Exercise w/Tony 1:30 Music w/Ginny Mitchell 1:30 Opera/OR "Cosi Fan Tutte" 3:15 Knitting &amp; Crocheting/AR 7:00 Bingo/OR</p>	<p><b>15</b> 9:30 Exercise w/Tony/OR 10:00 Hearing Aid Check/ W/C 10:30 Exercise w/Tony 10:30 Introduction to Tai Chi /OR 1:30 Poetry w/Magdalena 4:15 Birthday, New Resident Dinner/Main Dining Room</p>	<p><b>16</b> 9:30 Exercise w/Tony/OR 10:00 Poker by C1 elevator 10:30 Fr. Howard Presents: "Gospel of Luke"/OR 1:30 Texas Poker-C1 elevator 5:30 Assisted Living Movie "Breach" 7:15 Movie/OR "Carnegie Hall"</p>	<p><b>17</b> 10:00 Music w/David Field by the C1 elevator 10:15 Qi Gong DVD/ OR 1:30 Movie/ALAR "On Golden Pond" 2:00 Concert w/Claire/OR 4:00 Mass/OR 7:15 Movie/OR "Don't Look Now"</p>
<p><b>18</b> 10:15 Qi Gong DVD/OR 10:00 Bingo w/Lori 2:00 Nancy Hershatter Performs Oldies...Broadway...Folk/OR 1:30 Texas Poker/C1 elevator 7:15 Movie/OR "On Golden Pond"</p>	<p><b>19</b> <b>Presidents' Day</b> 9:30 Balance Exercise/OR 9:45 Trip to Dollar Tree/SUAD 10:00 Poker by C1 elevator 10:30 Exercise w/Tony 10:30 Memoir Writing/OR 1:45 Art Class for those enrolled</p>	<p><b>20</b> 9:30 Exercise w/Tony/OR 10:30 Exercise w/Tony 10:30 Qi Gong DVD/OR 1:00 iPad CLASS/OR/SUAD 1:30 Music w/Nick Royal 3:30 Rosary for Peace/Chapel 5:30 Assisted Living Movie "Run Granny Run"</p>	<p><b>21</b> 9:30 Balance Exercises/OR 10:30 Exercise w/Tony 1:00 Rummikub &amp; Scrabble 2:30 Spirit Award Event/OR "Dean Martin" performs 3:15 Knitting &amp; Crocheting/AR 7:00 Bingo/OR</p>	<p><b>22</b> 9:30 Exercise w/Tony/OR 10:00 Bookmobile/Lobby 10:30 Exercise w/Tony 10:30 Tai Chi/OR 1:30 Nature DVD Giraffes: Africa's Gentle Giants</p>	<p><b>23</b> 9:30 Exercise w/Tony/OR 10:00 Poker by C1 elevator 10:30 DOGGS /Across from D204 10:30 Congregational Service/Chp 10:30 Fr. Howard "Gospel of John"/OR 1:30 Texas Poker-C1 elevator 1:30 Jewish Culture Club/AR 5:30 Assisted Living Movie "You've Got Mail"</p>	<p><b>24</b> 10:00 Music w/Sunny/C1 elevator 10:15 Qi Gong DVD/OR 1:30 Movie/ALAR "Fried Green Tomatoes" 2:00 Pianist Martan returns!/OR 4:00 Mass/OR 7:15 Movie/OR "The Invisible Man"</p>
<p><b>25</b> 12:30 Leave for Quilting Exhibit at Fairgrounds/SUAD 1:30 Texas Poker/C1 elevator 2:00 Movie/OR "The Invisible Man" 7:15 Movie/ OR "Fried Green Tomatoes"</p>	<p><b>26</b> 9:30 Balance Exercise/OR 9:45 Shop Trader Joes/SUAD 10:00 Poker/ C1 elevator 10:30 Exercise w/Tony 10:30 Memoir Writing/OR 1:00 Sing Along w/Charlotte 2:30 Classical Concert/OR</p>	<p><b>27</b> 9:30 Exercise w/Tony/OR 10:30 Exercise 10:30 Qi Gong DVD/OR 10:30 Ancestry Group/PDR 1:00 iPad Class/AR/SUAD 1:30 Music w/David Field 3:30 Rosary for Peace/Chapel 5:30 Assisted Living Movie "Must Love Dogs"</p>	<p><b>28</b> <i>No Balance Class today</i>  10:30 Exercise w/Tony 1:00 Rummikub &amp; Scrabble 3:15 Knitting &amp; Crocheting/AR 7:00 Bingo/OR</p>			<p>Activities take place in the Assisted Living Activity Room unless otherwise noted.  Activities subject to change without notice. Please check daily flyers for updates.</p>