

Dominican Oaks February 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>SUAD...Sign Up at Activity Desk PDR...Private Dining Room CHP...Chapel OR...Oaks Room AR...Acorn Room LBY...Lobby WC...Wellness Center: Across from D204 CC...Coffee Corner / Assisted Living ALAR... Assisted Living Activity Rm</p>				<p>1 8:30 Rides /SUAD 9:30 Exercise /OR SIGN UPS for ACTIVITIES in Oaks Rm <i>Come between 10:30 & 10:35 AM for your raffle ticket for place in sign up</i> 10:45 Episcopal Service/ Chp 1:30 WORD WARP/ OR 4:00—5:30 Happy Hour with Johnny Fabulous <i>Thank you Pat Hanson!</i> 7:30 Games/AR</p>	<p>2 9:30 Exercise with Tony/OR 10:00 Poker/ by C1 elevator 10:30 Fr. Howard Presents: Review of last talk & the Gospel of Mark/OR 10:30 DOGGS/ AR 1:00 Bridge/OR 1:30 Texas Poker/ by C1 elevator 2:00 "Philosophical Foundations of Modern Social Science" # 19 / AR 7:15—9:40 DVD/ OR "Anchors Aweigh"</p>	<p>3 10:15 Qi Gong DVD/ OR <i>Wish to attend Jewish services? Contact Activities during the week</i> 1:30 Table Games/AR 1:30 "First Saturday" Writing group/OR 1:30 Movie/ ALAR "The King & I" 4:00 Mass/OR 7:15 Movie/OR "The Taking of Pelham 123"</p>
<p>4 Rides to Church/SUAD 10:15 Qi Gong DVD/ OR 1:30 Texas Hold' Em Poker / by C-1 elevator 2:00 No Movie this afternoon 3:00 Super Bowl Party/OR 7:45 Movie/ OR Different time..... "The King & I"</p>	<p>5 9:30 Balance Exercises/OR 10:00 Poker / by C-1 elevator 10:00 Resident Council/ PDR 1:00 Rummikub/ AR 1:30 Shop Lucky's & Rite Aid/ SUAD 2:00 Book Art with resident Dorothy Sanders/ SUAD/ OR 7:00 Games/AR 7:15—9:05 Movie/OR "A Little Romance" Contributed by Gary Snelson</p>	<p>6 8:30 Rides/SUAD 9:30 Exercise with Tony/OR 9:45 Trip to Capitola Mall/ SUAD 10:30—11:30 Bible Study/ AR 10:30 Qi Gong/ OR 1:00—2:30 iPad Class/ AR/ SUAD 1:00 Bridge/OR 1:00 Mah Jong /OR 3:30 Rosary for Peace/CHP</p>	<p>7 8:30 Rides/SUAD 9:30 Balance Exercises/OR 10:30—11:30 Reading Great Short Stories #4 /OR / SUAD 2:00 An Afternoon with Pete & Toshi Seeger: Music & Memories/OR Music & Vocals with Aileen Vance, Nick Royal & resident Lynn Bull / OR 3:15 Knitting & Crocheting /AR 7:00 Bingo/OR</p>	<p>8 8:30 Rides /SUAD No Exercise today 10:30 Opening to Joy/ OR 10:00—11:30 Bookmobile/Lby 1:45 Stroll or Sit & Sip Hot Cider at Seacliff Beach/SUAD 4:00—5:30 "Chug & Chat"/OR <i>(aka Happy Hour with the emphasis on socializing with no live music this time)</i> 7:30 Games/AR</p>	<p>9 No Exercise today 10:00 Poker by C-1 elevator 10:30 DOGGS/ AR Dominican Oaks Guys & Gals Singing 10:30 Fr. Howard Presents: Gospel of Matthew/ OR 1:00 Bridge/OR 1:30 Texas Poker/ C-1 1:30 Jewish Cultural Club/AR 7:15 Villanelle Sings! /OR A dynamic singing & instrumental grp.</p>	<p>10 10:15 Qi Gong DVD/ OR 11:00—12:00 Readers & Thinkers/ AR Sr. Rina's magazine reading group Previous sign up needed. Contact Sister beforehand for reading material if interested 1:30 Table Games/AR 1:30 Movie/ALAR "Maudie" 2:00-3:00 Young Classical Performers/OR 4:00 Mass/OR 7:15 Movie/OR "Michael Collins"</p>
<p>11 Rides to Church/SUAD 10:15 Qi Gong DVD/ OR 1:30 Texas Hold' Em Poker / by C-1 1:30 Beading/SUAD/AR 2:00 Movie/ OR "Michael Collins" 7:15 Movie/ OR "Maudie"</p>	<p>12 9:30 Balance Exercises/OR 10:00 Poker / by C-1 elevator 10:30 Conversations: Learn what's going on at Dominican Oaks/ OR 1:00 Rummikub/ AR 1:30 Shop Nob Hill & CVS/ SUAD 1:45 Art Class (for those enrolled) /OR 7:00 Games/AR</p>	<p>13 8:30 Rides/SUAD 9:30 Exercise /OR 10:30 Qi Gong/ OR 10:30 Ancestry Group/ PDR 11:30 New Resident Luncheon/ PDR 10:30—11:30 Bible Study/ AR 1:00—2:30 iPad Class/ AR/ SUAD 2:30—4:00 MARDI GRAS Dance Party No bridge or Mah Jong in OR today 3:30 Rosary for Peace/Chp</p>	<p>14 Ash Wednesday/ Valentine's Day 8:30 Rides/SUAD 9:30 Balance Exercises/OR 10:30 Mass & Distribution of Ashes/OR 1:30 (promptly) to 5:15 Opera DVD/ OR Mozart's "Cosi Fan Tutte" /OR Champagne intermission 3:15 Knitting & Crocheting/AR 7:00 Bingo/OR</p>	<p>15 8:30 Rides /SUAD 9:30 Exercise with Tony/OR 10:00—11:15 Hearing Aid Check /WC 10:30—11:30 INTRO to Tai Chi: Let's DO IT! / OR 1:45 Holy Cross Students visit their Assigned Resident Buddies/ OR 4:15 Birthday / New Resident Dinner in Dining Rm 7:30 Games /AR</p>	<p>16 9:30 Exercise with Tony/OR 10:00 Poker by C-1 elevator 10:30 DOGGS/ AR 10:30 Fr. Howard Presents: Gospel of Luke / OR 1:00 Bridge/OR 1:30 Texas Poker/ C-1 elevator 2:00 "Philosophical Foundations of Modern Social Science" # 20 / AR 7:15—9:45 Movie /OR "Carnegie Hall"</p>	<p>17 10:15 Qi Gong DVD/ OR 1:00 "Third Saturday" Writing Grp in PDR 1:30 Table Games/AR 1:30 Movie/ALAR "On Golden Pond" 2:00—3:00 Resident Fran Stekoll Presents: Clare on 12-string Guitar & Vocals/OR 4:00 Mass/OR 4:30—5:30 Lobby Piano Serenade w/Bob 7:15 Movie/OR "Don't Look Now"</p>
<p>18 Rides to Church/SUAD 9:25 Leave for Lecture at UCSC /SUAD Bruce Thompson, Lecturer in History "Russian Espionage from Lenin to Putin" 10:15 Qi Gong/OR 1:30 Texas Poker /C 1 2:00 Nancy Hershatter Performs! /OR Daughter of Evelyn...Musician...Singer Oldies...Broadway...Folk...Contemporary 7:15 Movie/OR "On Golden Pond"</p>	<p>19 Presidents' Birthday 9:30 Balance Exercises/OR 9:45 Trip to Dollar Tree/ SUAD 10:00 Poker / by C-1 elevator 10:30 Resident Fran Stekoll Presents: Memoir Writing/ OR 10:30 MOVIE Committee/ Acorn Rm 1:00 Rummikub/ AR 1:45 Art Class (for those enrolled) /OR 7:00 Games/AR</p>	<p>20 8:30 Rides/SUAD 9:30 Exercise /OR 10:30—11:30 Bible Study/ AR 10:30 Qi Gong/ OR 1:00—2:30 iPad Class/ AR/ SUAD 1:00 Bridge & Mah Jong /OR 1:30 Shop Lucky's & Rite Aid/ SUAD 3:30 Rosary /Chp 6:30 Threshold Choir Rehearses/Chp 7:15 Evening of Humor with Resident Stu Schlegel 3rd Edition! / OR</p>	<p>21 8:30 Rides/SUAD 9:30 Balance Exercises/OR 10:30 DVD /OR "National Park Symphony" <i>(Music, scenery, no dialogue)</i> 2:00 John Wasserburger~~ Spirit Award Chairperson invites ALL to Spirit Award Recognition Event /OR "Dean Martin" Performs / Prizes! 3:15 Knitting Etc./AR 7:00 Bingo/OR</p>	<p>22 8:30 Rides /SUAD 9:30 Exercise with Tony/OR 10:00—11:30 Bookmobile/Lby 10:30—11:30 Tai Chi: Let's Do IT Again! /OR Administration using Oaks Room from 2:00 to 4:00 PM 7:30 Games /AR</p>	<p>23 9:30 Exercise with Tony/OR 10:00 Poker by C-1 elevator 10:30 First Congregational Serv /Chp 10:30 DOGGS/ AR 10:30 Fr. Howard Presents: Gospel of John/ OR 1:00 Bridge/OR 1:30 Texas Poker C-1 1:30 Jewish Cultural Club/AR 7:15 Pianist Richard Stauff: Hit Parade: Songs from 1941</p>	<p>24 10:15 Qi Gong DVD/ OR <i>Wish to attend Jewish services? Contact Activities during the week</i> 1:30 Table Games/AR 1:30 Movie/ALAR "Fried Green Tomatoes" 4:00 Mass/OR 2:00—3:00 Martan the AMAZING pianist RETURNS! / OR 7:15 Movie/OR "The Invisible Man"</p>
<p>25 Rides to Church/SUAD 10:15 Qi Gong/OR 12:30 Leave for Quilting Exhibit at Fairgrounds / SUAD See newsletter 1:30 Texas Hold' Em Poker / by C-1 2:00 Movie/OR "The Invisible Man" 7:15 Movie/ OR "Fried Green Tomatoes"</p>	<p>26 9:30 Balance Exercises/OR 9:45 Trader Joe's & Bed, Bath .../SUAD 10:00 Poker/ by C-1 10:30 Memoir Writing/OR 1:00 Rummikub/ AR 7:00 Games/AR 1:15 Leave for Temple Beth-El /SUAD UCSC Politics Professor: "Why Africa Matters" / SUAD <i>ALL welcome to attend</i> 2:30 Concert: Handel, Mozart, Ravel, Schulhoff, Sondheim & More/OR</p>	<p>27 8:30 Rides/SUAD 9:30 Exercise with Tony/ OR 10:30—11:30 Bible Study/ AR 10:30 Qi Gong/ OR 10:30 Ancestry Group/ PDR 1:00—2:30 iPad Class/ AR/ SUAD 1:15 Trip to Capitola Mall/ SUAD 1:00 Bridge & Mah Jong /OR 3:30 Rosary for Peace /Chp</p>	<p>28 8:30 Rides/SUAD No Balance Class today Administration using Oaks Room from 9:00—3:00 PM 3:15 Knitting and Crocheting /AR 7:00 Bingo/OR</p>	<p style="text-align: center;">Wellness Center Across from D204 on Tuesdays from 1 to 2 PM <i>(except on Tuesdays when used by podiatrist)</i> <i>Blood Pressure Checks & More</i> <i>Staffed by Stacy Smith-Paynter, RN</i></p>	<p style="text-align: center;">Podiatrist Across from D204 Feb. 27 & 28 April 4th Tuesdays appts. 9AM to 12 PM Wednesdays 9AM to 2:30 PM Call Dr. Alles at 609-6096 You may get voicemail.</p>	<p style="text-align: center;">Resident Support Group Acorn Room~~~3:15 PM Tuesdays February 20, 27 & March 6, 13, 20, 27 If interested in this Senior Outreach grp from Family Service Agency, see the facilitator beforehand at 3 PM</p>