

April 2018 Assisted Living Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Easter Sunday 10:00 Mass /OR 11:00 Easter Buffet Starts 1:30 Texas Poker/C1 elevator 2:00 Movie/OR "The Prince of Tides" 7:15 Movie/OR "The Verdict"	2 9:30 Balance Exercises/OR 10:00 Poker by C1 elevator 10:30 Exercise w/Tony 12:30 Activity Sign Ups/OR 1:00-3:00 Rummikub & Scrabble	3 9:30 Exercise w/Tony/OR 10:30 Exercise 10:30 Qi Gong DVD/OR 1:00 iPad Class/AR/SUAD 1:30 Richard on Piano 3:30 Rosary for Peace/Chapel 5:30 Assisted Living Movie "Quartet"	4 9:30 Balance Exercise/OR 10:30 Good Grief! /AR 10:30 Exercise w/Tony 12:45 Leave for MAH/SUAD 1:00 Rummikub & Scrabble 2:00 Movie/OR "The Straight Story" 3:15 Knitting & Crocheting/AR 7:00 Bingo/OR	5 9:30 Exercise w/Tony/OR 10:00 Bookmobile/Lobby 10:30 Exercise w/Tony 10:30 Opening to Joy/OR 10:45 Episcopal Service/Chp 1:30 Poetry w/Magdalena 1:45 Tai Chi/OR 4:00-5:30 HAPPY HOUR/OR	6 9:30 Exercise w/Tony/OR 10:00 Poker by C1 elevator 10:30 DOGGS SING/AR 10:30 Meditation Group/Chapel 1:30 Texas Poker-C1 elevator 5:30 Assisted Living Movie "Mr. Turner" 7:15 Movie/OR "The Grapes of Wrath"	7 10:00 Music w/Karen Rodriguez by the C1 elevator 10:15 Qi Gong DVD/OR 1:30 Movie/ALAR "Chicago" 2:00 Movement w/Music Exercise/OR 4:00 Mass/OR 7:15 Movie/OR "Die Hard"
8 10:15 Qi Gong DVD/OR 1:30 AL Resident Ride 1:30 Beading Class/AR/SUAD 1:30 Texas Poker/C1 elevator 2:00 Movie/OR "Die Hard" 7:15 Movie/OR "Chicago"	9 9:30 Balance Exercise/OR 10:00 Poker by C1 elevator 10:30 Exercise w/Tony 1:30 AL Conversation 1:45 Art Class for those enrolled 2:30-4:00 Rummikub & Scrabble 2:45 Musical Room Visits with Ginny Mitchell	10 9:30 Exercise w/Tony/OR 10:30 Exercise w/Tony 10:30 Qi Gong DVD/OR 11:30 New Resident Luncheon 1:30 Music w/Nick Royal 3:30 Rosary for Peace/Chapel 5:30 Assisted Living Movie "Black or White"	11 9:30 Balance Exercises/OR 10:30 DVD/OR "Penguins" Part 1/OR 10:30 Exercise w/Tony 1:00 Rummikub & Scrabble 1:30-4:30 Opera/OR "Mefistofele" 3:15 Knitting & Crocheting/AR 7:00 Bingo/OR	12 9:30 Exercise w/Tony/OR 9:45 Trip to the Dollar Tree/SUAD 10:30 Opening to Joy/OR 1:30 Nature DVD: "Koko the Gorilla Who Talks" 1:45 Tai Chi/OR 4:00-5:30 HAPPY HOUR/OR w/Johnny Fabulous	13 9:30 Exercise w/Tony 10:00 Poker by C1 elevator 10:30 DOGGS Sing/AR 10:30 Meditation Group/Chapel 1:30 Texas Poker-C1 elevator 1:30 Jewish Culture Club/AR 5:30 Assisted Living Movie "Mrs. Harris" 7:15 Villanelle Singing Duo/OR	14 10:00 Music w/Nick by the C1 elevator 10:15 Qi Gong DVD/OR 1:30 Movie/ALAR "Key Largo" 2:00 Movement w/Music Exercise/OR 4:00 Mass/OR 7:15 Movie/AR "Call Me By Your Name"
15 10:00 Bingo w/Lori 10:15 Qi Gong DVD/OR 1:30 Texas Poker/C1 elevator 2:00 Movie/OR "Call Me By Your Name" 7:15 Movie/ OR "Key Largo"	16 9:30 Balance Exercise/OR 9:45 Shop Trader Joes/SUAD 10:00 Poker by C1 elevator 10:30 Exercise w/Tony 1:00 Movie/ALAR "The Straight Story" 2:15 Movie/OR "The Green Promise"	17 9:30 Exercise w/Tony/OR 10:30 Exercise w/Tony 10:30 Qi Gong DVD/OR 1:00 Castro Adobe Trip/SUAD 1:30 Music w/Ginny Mitchell 3:30 Rosary for Peace/Chapel 5:30 Assisted Living Movie "A Man Called Ove"	18 9:30 Balance Exercises/OR 9:45 Shop at Christopher Banks/SUAD 10:30 Good Grief! /AR 10:30 Exercise w/Tony 10:30 DVD/OR "Penguins" Part 2/OR 1:00 Rummikub & Scrabble 2:00-4:30 Game Day/OR & AR 3:15 Knitting & Crocheting/by Dining Rm. 7:00 Bingo/OR	19 9:30 Exercise w/Tony/OR 10:00 Hearing Aid Check/ W/C 10:00 Bookmobile/Lobby 10:30 Exercise w/Tony 1:30 Music w/Karen Rodriguez 1:45 Holy Cross Student Visit/OR 4:15 Birthday, New Resident Dinner/Main Dining Room	20 9:30 Exercise w/Tony/OR 10:00 Poker by C1 elevator 10:30 Meditation Group/Chapel 1:30 Texas Poker-C1 elevator 2:00 Spring Lakes Choir Group Performs/OR Thanks Fran Stekoll! 5:30 Assisted Living Movie "Andrea Bocelli: A Night in Tuscany"	21 10:00 Music w/David Field by the C1 elevator 10:15 Qi Gong DVD/ OR 1:30 Movie/ALAR "Hopscotch" 2:00 Movement w/Music Exercise/OR 4:00 Mass/OR 4:30 Lobby Piano Serenade w/Bob 7:15 Movie/OR "The Theory of Everything"
22 10:15 Qi Gong DVD/OR 1:30 Texas Poker/C1 elevator 2:00 Movie/OR "The Theory of Everything" 7:15 Movie/OR "Hopscotch"	23 9:30 Balance Exercise/OR 10:00 Poker by C1 elevator 10:30 Exercise w/Tony 10:30 Memoir Writing/OR 1:30 Sing Along w/Charlotte 1:45 Art Class for those enrolled 7:15 Movie/OR "Mully"	24 9:30 Exercise w/Tony/OR 10:30 Exercise w/Tony 10:30 Qi Gong DVD/OR 11:15 Leave for Lunch at Pacific Grill in Moss Landing/SUAD 1:30 Music w/David Field 3:30 Rosary for Peace/Chapel 5:30 Assisted Living Movie "Anastasia"	25 9:30 Balance Exercises/OR 10:30 Exercise w/Tony 10:30 DVD/OR "Penguins" Part 3/OR 1:00 Rummikub & Scrabble 1:15 WORD WARP/OR 2:15 Girl Scout Troop Returns/OR 3:15 Knitting & Crocheting/AR 7:00 Bingo/OR	26 9:30 Exercise w/Tony/OR 10:30 Exercise w/Tony 10:30 "Grand Canyon DVD"/OR 2:00 Amazing Words! 1:45 Tai Chi/OR 4:00-5:30 HAPPY HOUR/OR w/Joe Ferrara	27 9:30 Exercise w/Tony/OR 10:00 Poker by C1 elevator 10:30 DOGGS /Across from D204 10:30 Congregational Service/Chp 1:30 Texas Poker-C1 elevator 1:30 Jewish Culture Club/AR 5:30 Assisted Living Movie "Carousel" 7:15 Pianist Richard Stauff/OR	28 10:00 Music w/Sunny/C1 elevator 10:15 Qi Gong DVD/OR 1:30 Movie/ALAR "Darkest Hour" 2:00 Movement w/Music Exercise/OR 4:00 Mass/OR 7:15 Movie/OR "The Breadwinner"
29 10:00 Bingo w/Lori 10:15 Qi Gong DVD/OR 1:30 Texas Poker/C1 elevator 2:00 Movie/OR "The Breadwinner" 7:15 Movie/ OR "Darkest Hour"	30 9:30 Balance Exercise/OR 10:00 Poker/ C1 elevator 10:30 Exercise w/Tony 10:30 Memoir Writing/OR 1:00-2:30 Clothes Swap/OR 1:00-3:00 Rummikub & Scrabble			SUAD...Sign up at Activity Desk OR...Oaks Room AR...Acorn Room CC...Coffee Corner Chp...Chapel WC...Wellness Center (across from D204)	Podiatrist Across from D204 April 4th Tuesdays 9AM to 12 PM Wednesdays 9AM to 2:30 PM Call Dr. Alles at 609-6096 You may get voicemail.	Activities take place in the Assisted Living Activity Room unless otherwise noted. Activities subject to change without notice. Please check daily flyers for updates.