

# September 2019 Assisted Living Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1</b> No Qi Gong <b>10:30 Activity Sign Ups / OR</b> 1:00 Rummikub &amp; Scrabble <b>No Movement w/Music</b> <b>2:45 Movie/OR "Barbara"</b> <b>7:20 Movie/OR "Seabiscuit"</b></p>	<p><b>2</b> Labor Day 9:30 Balance Exercise/OR <b>10:00 Poker by C1 elevator</b> <b>10:30 Exercise w/Tony</b> 1:30 Bible Study/Chapel <b>2:00-3:35 DVD: "The Biggest Little Farm" / OR <i>Don't miss it!</i></b> 2:30 Rummikub &amp; Scrabble/CC</p>	<p><b>3</b> 9:30 Exercise w/Tony/OR <b>10:30 Exercise w/Tony</b> <b>1:30 Richard Stauff on Piano/OR</b> 3:30 Rosary for Peace/Chapel <b>5:30 Assisted Living Movie "Charlie Wilson's War"</b></p>	<p><b>4</b> 9:30 Balance Exercises/OR <b>10:30 Exercise w/Tony</b> 1:00 Rummikub &amp; Scrabble <b>1:30 Ginny on Guitar/Vocals</b> 3:15 Knitting &amp; Crocheting/AR <b>7:00 Bingo/OR</b></p>	<p><b>5</b> 9:30 Exercise w/Tony/OR <b>10:00 Bookmobile/ Lobby</b> <b>10:30 Exercise w/Tony</b> 1:00 Rummikub &amp; Scrabble/CC 1:45 Tai Chi/OR <b>4:00-5:30 HAPPY HOUR/OR</b> <i>Johnny Fabulous Performs</i></p>	<p><b>6</b> 9:30 Exercise w/Tony/OR 10:00 Poker by C1 elevator <b>10:15 DOGGS SING/Chp</b> <b>10:30 Exercise w/Tony</b> <b>5:30 Assisted Living Movie "About a Boy"</b></p>	<p><b>7</b> <b>10:00 David: Vocals &amp; Music/ By C-1 elevator</b> 10:30 Qi Gong DVD/OR <b>1:00 Bridge by the C1 elevator</b> <b>1:30 Movie/ALAR "Shakespeare in Love"</b>  4:00 Mass/OR 7:20 Movie/OR "The Cider House Rules"</p>
<p><b>8</b> 10:30 Qi Gong DVD/OR 1:00 Rummikub &amp; Scrabble <b>1:30 Movement w/Music/OR</b> <b>2:45 Movie/OR "The Cider House Rules"</b> <b>7:20 Movie/OR "Shakespeare in Love"</b></p>	<p><b>9</b> 9:30 Balance Exercise/OR <b>10:00 Poker by C1 elevator</b> <b>10:30 Exercise w/Tony</b> <b>1:30 AL Conversation</b> 1:30 Bible Study/Chapel <b>1:45 Art Group #1 /OR</b> <b>2:30—4:00 Hearing Aid Ck/ WC</b> 2:30 Rummikub &amp; Scrabble/CC</p>	<p><b>10</b> 9:30 Exercise w/Tony/OR <b>10:30 Exercise w/Tony</b> <b>1:30 Charlotte on Piano for SingAlong</b> 3:30 Rosary for Peace/Chapel <b>5:30 Assisted Living Movie "Far and Away"</b></p>	<p><b>11</b> 9:30 Balance Exercises/OR <b>10:30 Exercise w/Tony</b> <b>11:00 Episcopal Service/Chp</b> 1:00 Rummikub &amp; Scrabble <b>2:00 Classical Violinist Daniel Lewin Returns / OR</b> 3:15 Knitting &amp; Crocheting/AR <b>7:00 Bingo/OR</b></p>	<p><b>12</b> 9:30 Exercise w/Tony/OR <b>10:30 Exercise w/Tony</b> 1:00 Rummikub &amp; Scrabble/CC <b>2:00—3:00 DVD: "Coney Island"</b> <b>4:00-5:30 HAPPY HOUR/OR</b></p>	<p><b>13</b> <b>9:30 Exercise w/Tony/OR</b> 10:00 Poker by C1 elevator <b>10:15 DOGGS Sing/Chp</b> <b>10:30 Exercise w/Tony</b> <b>1:30 Shabbot Service /AR</b> <b>5:30 Assisted Living Movie "Casino Royale 007"</b></p>	<p><b>14</b> <b>10:00 David: Vocals &amp; Music By C-1 elevator</b> 10:30 Qi Gong DVD/OR <b>1:00 Bridge by the C1 elevator</b> <b>1:30 Movie/ALAR "Puzzle"</b> <b>1:45 BEADING Class/SUAD/AR</b> 4:00 Mass/OR 7:20 Movie/OR "The Bookshop"</p>
<p><b>15</b> 10:30 Qi Gong DVD/OR 1:00 Rummikub &amp; Scrabble <b>1:30 Movement w/Music/OR</b> <b>2:45 Movie/OR "Bookshop"</b> <b>7:20 Movie/ OR "Puzzle"</b></p>	<p><b>16</b> 9:30 Balance Exercise/OR <b>10:00 Poker by C1 elevator</b> <b>10:30 Exercise w/Tony</b> 1:30 Bible Study/Chapel <b>1:30 Ginny on Guitar/Vocals</b> 2:30 Rummikub &amp; Scrabble/CC <b>7:15 Martan play the Piano /OR</b> <i>Bring your requests!</i></p>	<p><b>17</b> 9:30 Exercise w/Tony/OR <b>10:30 Exercise w/Tony</b> 10:30 Qi Gong DVD/OR 1:00 Rummikub &amp; Scrabble/CC 3:30 Rosary for Peace/Chapel <b>5:30 Assisted Living Movie "Grey Gardens"</b></p>	<p><b>18</b> 9:30 Balance Exercises/OR <b>10:30 Exercise w/Tony</b> 1:00 Rummikub &amp; Scrabble <b>2:00 Bingo with Shannon</b> 3:15 Knitting, &amp; Crocheting/AR <b>7:00 Bingo/OR</b></p>	<p><b>19</b> 9:30 Exercise w/Tony/OR <b>10:00 Bookmobile/Lobby</b> <b>10:30 Exercise w/Tony</b> <b>10:30 Work on YOUR Crafts/OR</b> 1:00 Rummikub &amp; Scrabble/CC <b>1:45 WORD WARP</b> <b>4:15 Birthday, New Resident Dinner/Main Dining Room</b></p>	<p><b>20</b> 9:30 Exercise w/Tony/OR 10:00 Poker by C1 elevator <b>10:15 DOGGS Sing/Chp</b> <b>10:30 Exercise w/Tony</b> <b>5:30 Assisted Living Movie "Spirit Rider"</b></p>	<p><b>21</b> <b>10:00 Karen: Vocals &amp; Music By C-1 elevator</b> 10:30 Qi Gong DVD/ OR <b>1:30 Movie/ALAR "Dirty Dancing"</b> <b>1:00 Bridge by the C1 elevator</b> 4:00 Mass/OR 7:20 Movie/OR "One Hour Photo"</p>
<p><b>22</b> 10:30 Qi Gong DVD/OR 1:00 Rummikub &amp; Scrabble <b>No Movement with Music</b> <b>2:45 Movie/OR "One Hour Photo"</b> <b>7:20 Movie/OR "Dirty Dancing"</b></p>	<p><b>23</b> 9:30 Balance Exercise/OR <b>10:00 Poker by C1 elevator</b> <b>10:30 Exercise w/Tony</b> 1:30 Bible Study/Chapel <b>1:30 Nick Royal on Mandolin</b> <b>1:45 Art Group #2 /OR</b> 2:30 Rummikub &amp; Scrabble/CC</p>	<p><b>24</b> 9:30 Exercise w/Tony/OR <b>10:30 Exercise w/Tony</b> 1:00 Rummikub &amp; Scrabble/CC <b>1:30 David: Vocals &amp; Music</b> 3:30 Rosary for Peace/Chapel <b>5:30 Assisted Living Movie "Funny Girl"</b></p>	<p><b>25</b> 9:30 Balance Exercises/OR <b>10:30 Exercise w/Tony</b> <b>10:30 Poems &amp; Poetry /OR</b> See newsletter 1:00 Rummikub &amp; Scrabble/CC <b>2:00 Wildcat Mountain Ramblers in OR...Listen &amp; Enjoy!</b> 3:15 Knitting, Etc./AR <b>7:00 Bingo/OR</b></p>	<p><b>26</b> 9:30 Exercise w/Tony/OR <b>10:30 Exercise w/Tony</b> 1:00 Rummikub &amp; Scrabble/CC <b>2:00 Bingo</b> <b>4:00-5:30 Beer &amp; Pizza Party for Happy Hour!</b> Thomas Patio &amp; Oaks Room with Guitarist/Vocalist Joe Ferrara</p>	<p><b>27</b> 9:30 Exercise w/Tony/OR 10:00 Poker by C1 elevator <b>10:15 DOGGS Sing /Chp</b> <b>10:30 Exercise w/Tony</b> <b>5:30 Assisted Living Movie "Bridge of Spies"</b></p>	<p><b>28</b> <b>10:00 Nick Royal on Mandolin by C-1 elevator</b> 10:30 Qi Gong DVD/OR <b>1:00 Bridge by the C1 elevator</b> <b>1:30 Movie/ALAR "Jackie Brown"</b> 4:00 Mass/OR 7:20 Movie/OR "Midnight Lace"</p>
<p><b>29</b> Rosh Hashanah at Sunset <b>10:00 Bingo</b> 10:30 Qi Gong DVD/OR 1:00 Rummikub &amp; Scrabble <b>1:30 Movement w/Music/OR</b> <b>2:45 Movie/OR "Midnight Lace"</b> <b>7:20 Movie/ OR "Jackie Brown"</b></p>	<p><b>30</b> 9:30 Balance Exercise/OR <b>10:00 Poker/ C1 elevator</b> <b>10:30 Exercise w/Tony</b> 1:30 Bible Study/Chapel <b>1:30 Jack on Piano</b> 2:30 Rummikub &amp; Scrabble/CC</p>				<p>Activities take place in the Assisted Living Activity Room unless otherwise noted.  Activities subject to change without notice. Please check daily flyers for updates.</p>	<p>SUAD...Sign up at Activity Desk OR...Oaks Room AR...Acorn Room CC...Coffee Corner Chp...Chapel WC...Wellness Center (across from D204)</p>